



## U14 Girls State Championships Playing Uniform Information

The following information details all team uniform rules, compression garment regulations, and playing colours of all teams.

- The uniform of the team members shall consist of:
  - Shirts of the same dominant colour front and back. All players must tuck their shirts into their playing shorts. 'All-in-ones' are permitted.
  - Shorts of the same dominant colour front and back, but not necessarily of the same colour as the shirts.
- Uniforms are to be numbered 0,00 and number between 1 - 99.
- The BQ logo must be displayed on the right breast of all uniforms and must be depicted in the corporate colours of black, orange and white and cannot be modified to suit Association colours. Failure to have the BQ logo on playing uniforms will incur a \$200.00 fine.
- An alternate set of playing singlets must be on hand if required and the two colours must be distinctly light and dark. The same playing numbers should be allocated to players in both strips if possible.
- Each team is required to carry at least one (1) spare playing singlet and shorts in case a uniform is spoilt by blood. The spare uniform is to be of a different number to those already listed on Courtside.
- Certain types of compression garments are prohibited to be worn by players, while other garments are subject to colour restrictions. Please see next page for full details.
- Jewellery is not permitted to be worn.
- Head bands, maximum of 5cm width, made of non-abrasive, unicolour cloth, pliable plastic or rubber and must be of a colour which is included in team uniform. E.g. if blue is in the uniform, a blue headband is permitted.
- Power Band - only permitted on wrist if covered by tape and only on ankle if worn under the sock.
- No t-shirts, full body suits or torso skins with sleeves, are to be worn under uniforms unless a **medical certificate stating a valid reason why they must be worn** is submitted to the BQ Competition Manager at least seven (7) days prior to the event and approved. If approval is granted, the garment must be of the same dominant colour as the playing uniform. The BQ Competition Manager's decision is final and not subject to appeal.

### Team Officials Uniform

All team officials must wear a collared shirt or polo and closed in shoes. Any breach of this rule will incur a fine of \$200.

# Compression Garment Regulations

## Sport Half Tight Skins

Permitted. If the tights extend below the playing shorts, they must be either black, white or of the same dominant colour as the shorts.



## Power Shorts

Permitted

*Colour does not have to be the same as playing uniform*



## Sleeveless Top

Permitted - provided they do not extend beyond the player's singlet (except at the neckline). If extending at the neckline the top is to be of the same dominant colour as the playing singlet.

*Colour MUST be the same as playing uniform if extending at neckline*



## Power Sleeves, Powersox, Calf Tights

Permitted, provided they are either black, white or of the same dominant colour of the uniform.



## Full length lower body compression

Permitted, these must be either black, white or the same predominant colour as the team's shorts.



The following compression garments are **NOT PERMITTED**:

- Tops with sleeves
- Full-body suits



# U14 Girls Team Playing Colours

- In the event of two teams having the same or similar coloured primary uniforms, the first named team on the draw (**Team A**) **must wear their primary uniform and the second named team (Team B) must wear their alternate uniform**. However, if the two teams agree, they may interchange the colours of the shirts. The Referees will have the final say as to whether there is a clash of uniforms.
- First named team on the draw shall sit on the bench immediately to the left of the Scoretable (the left-hand side is that side if sitting on the score bench).

## Under 14 GIRLS

	Team	Primary Uniform	Alternate Uniform
<b>Division 1</b>	Brisbane Capitals Gold	Navy Blue	Yellow
	Cairns Dolphins	Teal	White
	Gold Coast Waves	Green	White
	Ipswich Force	Green	White
	Logan Thunder	Navy Blue	Maroon
	Mackay Meteorettes	Black	Red
	SC Phoenix	Black	White
	Southern Districts Spartans	Black	White
	SWM Pirates Purple	Purple	Yellow
	Townsville Flames	Blue	Yellow

	Team	Primary Uniform	Alternate Uniform
<b>Division 2</b>	Brisbane Capitals Bronze	Navy Blue	Yellow
	Brisbane Capitals Silver	Navy Blue	Yellow
	Bundaberg Bears	Maroon	White
	Cairns Corals	Teal	White
	Emerald Chargers	Black	Green
	Gladstone Power	Navy Blue	Yellow
	Gold Coast Breakers	Green	White
	Logan Thunder Gold	Navy Blue	Maroon
	Mackay Comettes	Black	Red
	Mackay Stars	Black	Red
	Northside Wizards 1	Navy Blue	Light Blue
	Southern Districts Titans	Black	White
	Southern Districts Trojans White	Black	White
	Sunshine Coast Rip	Black	White
	Townsville Lightning	Blue	Yellow